

# Cosmetic Surgery Abroad ? Breast Implants and Breast Surgery Options

By *JulieAdam*

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Many women, whether because they're dissatisfied with their looks or because of accidents or surgery, wish to improve the appearance of their breasts. However, most cosmetic surgery procedures in the U.S. are not covered by insurance unless that surgery is medically necessary.

Looking for a [cosmetic surgery centers](#) that can offer what you're looking for and one that offers a board certified plastic surgeon or affordable reconstructive plastic surgeons is often difficult. Don't take chances by choosing cheap plastic surgery.

[Breast implant procedures](#) are often performed on an outpatient basis, depending on the patient's need. Some implant surgeries might be done under local anesthesia, depending on whether breast implants are inserted behind or in front of chest muscle tissues and whether implants are inserted into one or both breasts.

Breast reconstruction procedures are determined by the medical situation, as well as breast size and shape. Women with small or medium-sized breasts are typically the best candidates for breast reconstruction procedures that utilize live tissue transplantation or tissue flap procedures to replace surgically removed or damaged breasts.

Thanks to the growing popularity of medical tourism, you have options for excellent plastic and reconstructive surgery in exotic locations such as Hungary, South Africa, Poland, Costa Rica, Turkey and more. Facilities such as Medical Poland, in Bydgoszcz or the Aesthetica International Medical Center in Budapest, Hungary are accredited facilities staffed with certified and well-trained surgeons, physicians and support staff.

Understand your options when it comes to cosmetic surgery abroad, and take the time to thoroughly research those options for optimal results.

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