

TB Infection Control Survey – Western Cape March 2018

TB remains the leading reported cause of death in South Africa with over 33 063 deaths (8.4% of natural deaths) in the country in 2015¹. The rate of new cases of active TB in South Africa remains extremely high at around 438 000 in 2016². While total TB rates do appear to be slowly declining (down from 250 000 in 2015), multi-drug resistant TB (MDR-TB) and extreme drug resistant TB (XDR-TB) rates are increasing. The World Health Organization (WHO) estimates 19 000 cases in 2016 up from 7 350 in 2007³.

TB can be spread through the air when people with active TB disease cough or sneeze. However, various infection control measures can be taken to reduce the risk of TB transmission.

In the run-up to World Tuberculosis (TB) Day in March 2018, TAC Western Cape assessed the state of TB infection control in 27 public primary health facilities across the province. The following questions were answered by TAC members from local branches linked to each facility assessed:

1. Is there enough room in the waiting area?
2. Are you seen within 30 minutes of arriving at the facility?
3. Are the windows open?
4. Are there posters telling you to cover your mouth when coughing or sneezing?
5. Are people in the facility waiting area asked if they have TB symptoms?
6. Are people who are coughing separated from those who are not?
7. Are people who cough a lot or who may have TB given tissues or TB masks?

Based on the answers to these seven questions facilities were ranked RED (3+ questions answered “no”), ORANGE (1-2 questions answered “no”), or GREEN (0 questions answered “no”).

Of 27 facilities assessed in March 2018, 19 were found to be in a “RED” state with very poor infection control measures in place. 8 were found to be in an “ORANGE” state. Not one facility was found to be in a “GREEN” state with good TB infection control measures in place. This is extremely worrying for the province.

The good: Facilities surveyed performed well in ensuring windows were kept open (no facilities were reported to have closed windows, 1 facility was excluded due to a lack of data), and in offering tissues or masks to people who cough a lot (only 1 facility out of 27 did not offer tissues or masks).

The bad: There were mixed results in terms of the size and space of the waiting rooms (7 out of 27 facilities did not have enough room), and posters being visible on the walls telling people to cover their mouths when coughing or sneezing (5 out of 27 facilities did not have posters).

The ugly: Facilities surveyed performed extremely poorly in the length of waiting times (25 out of 27 facilities did not see people within 30 minutes), screening for TB symptoms (19 out of 27 facilities did not screen), and separating those who were coughing a lot from those who were not coughing (26 out of 27 facilities did not separate people).

The full results in the province are outlined on the following page. While the survey has some limitations, and is by no means an exhaustive survey of facilities in the Western Cape, it nevertheless provides compelling evidence that we have an infection control problem at a number of public sector facilities. Given that poor infection control at health facilities may be a significant contributor to TB transmission in South Africa, this is a red flag that should be taken seriously. The problems highlighted in TB infection control through the audit are indicative of the wider crisis within the Free State health system, where overstretched nurses at understaffed clinics lack the capacity and resources to engage effectively in TB infection control measures.

¹ National Strategic Plan on HIV, TB and STIs 2017 – 2022. SANAC. Available at: http://sanac.org.za/wp-content/uploads/2017/05/NSP_FullDocument_FINAL.pdf

² Global Tuberculosis Report, WHO. Available at: <http://apps.who.int/iris/bitstream/10665/259366/1/9789241565516-eng.pdf?ua=1>

³ Ibid

Name of facility	Is there enough room in the waiting area for everyone?	Are you seen within 30 minutes	Are the windows in the facility open?	Are there posters telling you to cover your mouth when coughing or sneezing?	Are people in the facility waiting area asked if they have TB symptoms?	Are people who are coughing separated from those who are not?	Are people who are coughing a lot or may have TB given TB masks or tissues?	SCORE	RANK
Crossroads Clinic	No	No	Yes	Yes	Yes	No	Yes	3	RED
Gugulethu Clinic	Yes	No	Yes	Yes	Yes	No	Yes	2	ORANGE
Inzame-Zabantu Clinic	Yes	No	Yes	Yes	Yes	No	Yes	2	ORANGE
Ivan Toms Clinic	No	No	Yes	Yes	No	No	Yes	4	RED
Khayelitsha MOU CHC	Yes	No	Yes	Yes	Yes	No	Yes	2	ORANGE
Khayelitsha Site B Day Hospital	Yes	No	Yes	Yes	Yes	Yes	Yes	1	ORANGE
Khwezi Clinic	Yes	No	Yes	Yes	No	No	Yes	3	RED
Kuyasa Clinic	No	No	Yes	Yes	No	No	Yes	4	RED
Kuyasa Male Clinic	Yes	No	Yes	Yes	No	No	Yes	3	RED
Kwanokuthula Clinic	Yes	No	Yes	Yes	No	No	Yes	3	RED
Laingville Clinic	Yes	No	Yes	Yes	No	No	Yes	3	RED
Micheal Maphongwana Clinic	No	No	Yes	No	No	No	Yes	5	RED
Matthew Goniwe Clinic	No	No	Yes	Yes	No	No	Yes	4	RED
Mayenzeke Clinic	Yes	No	Yes	Yes	No	No	Yes	3	RED
Mfuleni Clinic	No	No	?	No	No	No	Yes	5	RED
Mzamomhle Clinic	Yes	No	Yes	Yes	Yes	No	Yes	2	ORANGE
New Horizen Clinic	Yes	No	Yes	Yes	No	No	Yes	3	RED
Nolungile Clinic	Yes	No	Yes	Yes	No	No	Yes	3	RED
Plattenberg Bay Clinic	Yes	No	Yes	Yes	Yes	No	Yes	2	ORANGE
Site B Male Clinic	Yes	No	Yes	No	No	No	Yes	4	RED
Site B Youth Clinic	Yes	No	Yes	Yes	No	No	Yes	3	RED
Site C Hub 2 Clinic	Yes	No	Yes	No	No	No	Yes	4	RED
Site C Youth Clinic	Yes	Yes	Yes	Yes	Yes	No	Yes	1	ORANGE
St Helena Bay Clinic	No	No	Yes	No	No	No	Yes	5	RED
Town 2 Clinic	Yes	No	Yes	Yes	No	No	Yes	3	RED
Ubuntu Clinic	Yes	No	Yes	Yes	No	Yes	Yes	2	ORANGE
Zwelihle CHC	Yes	No	Yes	Yes	No	No	No	4	RED

In addition to the primary healthcare facility survey, TAC Western Cape carried out a snap survey into the state of TB services and infection control at four hospitals in the province. While we recognise that many other indicators could have been tracked, these specific questions do reflect on the general state of TB services being provided at the hospitals monitored. The following questions were asked:

1. Is there a TB ward at the hospital?
2. Does the TB ward have proper ventilation?
3. Are there enough beds at the hospital in the TB ward?
4. Where are the TB patients kept if there is no TB ward?
5. Are people with DS-TB separated from those with DR-TB?
6. Have there been any reports of TB medicine stockouts or shortages?
7. Are there any reports that the TB ward staff have contracted TB?
8. Are masks offered to relatives visiting people with TB?
9. Have there been any reports of people with TB lost to follow up?

Name of Hospital	Is there a TB ward at the hospital?	Does the TB ward have proper ventilation?	Are there enough beds at the hospital in the TB ward?	Where are the TB patients kept if there is no TB ward?	Are people with DS-TB separated from those with DR-TB?	Are TB and DR-TB medicines available at the hospital? (i.e no stockouts)	Are TB ward staff protected from contracting TB?	Are masks offered to relatives visiting people with TB?	Do all TB patients complete treatment? (i.e. no loss to follow up)	SCORE
Khayelitsha District Hospital	Yes	Yes	No	n/a	Yes	Yes	No	Yes	Yes	2
Mitchells Plain Hospital	Yes	Yes	Yes	n/a	Yes	Yes	Yes	No	Yes	1
Vreendberg Hospital	Yes	Yes	No	n/a	No	Yes	Yes	Yes	No	3
Kwezi Day Hospital	No	n/a	n/a	With all other patients	No	Yes	Yes	Yes	No	3

While not exhaustive of TB related services, this snap survey has shown that each hospital has failed in certain areas in terms of TB management. Particularly we draw attention to Kwezi Day Hospital, and Vreendberg Hospital that performed especially poorly. Half the hospitals surveyed were found to have lost patients to follow up. People lost to follow up who do not finish their treatment course can potentially develop resistance to TB treatment, further spread TB to those around them, and ultimately potentially die without being cured.

Based on this evidence and analysis we therefore demand the following:

Our demands:

- a. We demand that by end June 2018 the provincial Department of Health carries out their own full audit of all public health facilities in the province to assess whether sufficient TB infection control measures are in place. The audit will involve the health department assessing the state of TB infection control at each facility based upon WHO guidelines. After which the Department must develop a plan based upon the infrastructural, human resource or behavioural challenges found in order to improve TB infection control. The Department must publish the audit results.
- b. We demand that masks and TB posters are distributed to all public health facilities by end April 2018. Spot-checks should be undertaken to ensure these are utilised effectively.
- c. We demand that by end April 2018 a circular is sent to all facilities to ensure that:
 - All windows to be kept open;
 - TB infection control posters to be displayed in visible places in the waiting area;
 - Patients to be screened for TB symptoms upon arrival;
 - People coughing or with TB symptoms to be seen first to reduce the risk of transmission;
 - People who are coughing to be separated from those who are not while waiting; and
 - People who cough a lot or who may have TB to be given tissues or TB masks.
- d. Where infrastructural issues mean that public facilities create a TB risk factor (e.g. too small, or poor ventilation), an urgent, fully-funded turnaround strategy must be developed to outline how these challenges will be rectified. The strategy must be released by end of May 2018.
- e. We demand the release of the provinces Human Resources for Health (HRH) plan before end May 2018. This plan should include a comprehensive list of current vacancies. Adequate human resources are essential for addressing long waiting times, and in this instance, the prolonging of exposure to potential TB infection. All facilities that have highlighted a waiting time of more than 30 minutes should be prioritised for additional human resources in this financial year. We expect the MEC and the Premier to make this a priority and to ensure the funds are made available.

For more information contact:

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