

April 2015

# **“Just make up the figures”**

**Ace tells disgraced MEC Malakoane to lie to the public**





# Spy cables reveal health crisis cover up in the Free State

Explosive transcripts of phone conversations between Premier Ace Magashule and MEC of Health Benny Malakoane have been leaked to *(Not the) Free State Post*. The transcripts form part of the so-called “spy cables”, which have been making headlines both locally and internationally in recent weeks.

One phone conversation took place on the evening of February 27, shortly after doctors described how the Free State Health system has been brought close to collapse.

According to the transcripts of that call, Magashule told Malakoane to “just make up the stats” in response to the doctors’ allegations. “They’re too stupid to know we’re lying” Magashule is quoted as saying. “Just turn it around to be about the activists rather than this health crisis nonsense.”

In another call, two days later, Magashule tells Malakoane that,

“we are lucky that the people of the Free State are too stupid to stop voting for us. In any other province we would be long gone by now.”

Doctors say that the health system in the province has deteriorated rapidly since Malakoane took charge as MEC of Health and that they are unable to provide an adequate service any longer. One doctor, speaking on condition of anonymity, says “the fake statistics quoted by the MEC are aimed at diverting attention away from the real issues – the fact is that people must recover from surgeries on hospital floors, and are

being carried between floors in body bags. It’s disgusting. The quality of care we are able to provide is low. Human dignity is being violated.”

According to activists the leaked transcripts are “an embarrassment to the provincial government who have continued to ignore the state of the health crisis and who have instead victimise people who have spoken out”.

Despite various requests, both the office of the Premier and the office of MEC Malakoane declined to comment to *(Not) The Free State Post*. •

## According to the leaked transcripts the following conversation occurred on 27th February 2015, 16h32:

**Malakoane:** "Boss, I have bad news."

**Magashule:** "Eish, again, what this time?"

**Malakoane:** "Those complaining pimps have published a letter about how kak the healthcare system is in the province. They blame us both"

**Magashule:** (long silence) ... "Both of us?! I can't keep protecting you forever Benny."

**Malakoane:** "Me? But, but, those doctors, those racists, those TAC people ..."

**Magashule:** "Look comrade, enough of your whingeing. We'll have to put out this fire. Get one of your spin-doctors to draft me something."

**Malakoane:** "But what should I put in it boss? It's not like we have anything good to report on"

**Magashule:** "I don't know. Make it up."

I thought you knew how to play this game? Tell them we've improved human resources for health and reduced healthcare costs. That always sounds good. Just make up the stats. I don't care how you do it, just get on with it. It's not like this is the first time you've lied."

**Malakoane:** "Ok, ok. I'll google some national stats for maternal health and so on and make ours a bit lower."

**Magashule:** "Good thinking."

**Malakoane:** "Yebo and I'll say that all drug resistant TB patients have been started on treatment."

**Magashule:** "Get in something about reducing maternal, infant and child mortality – make it look like we care about women and children."

**Malakoane:** "Very clever idea. I'll

do it straight away boss."

**Magashule:** "Tell them Free State hasn't been getting the right financial allocations too – try and shift the blame away from us in anyway you can. In fact just turn it around to be about the TAC. We must not allow them to make this about the people comrade. Never allow your enemies to make it about the people."

**Malakoane:** "Ayoba. I will boss. Always good to get your advice boss."

**Magashule:** "Okay Benny. (loud sigh) Have it on my desk by noon tomorrow." And Benny ..."

**Malakoane:** "Yes boss ..."

**Magashule:** "I can't keep bailing you out. Sooner or later the people will catch on. Get your act together."

**Phone** put down.

# FREE STATE HEALTH WORKER RESULTS 2014

INDIVIDUALS ARE LISTED BY REGION

F = Fired by Free State Health MEC Dr Benny Malakoane without warning or cause on 16 April 2014

## BLOEMFONTEIN 26

**(F) Fired - Nontozanele Ntlakana (31), eleven years as an HIV/AIDS counsellor**

"I would like to ask Benny Malakoane to give us our jobs back with benefits, my patients are really suffering and it hurts because there is nothing I can do about it."

**(F) Fired - Mamulutsi (45), seventeen years as a home based caregiver**

"I am a single parent and the sole bread winner in my family. When I lost my job my life shattered".

**(F) Fired - Nthabeleng Qanta (47), seven years as a care worker**

"I always had the passion to help others regardless of whether they are relatives or just members of my community."

**(F) Fired - Dorah Ningiza (42), four years as a care worker**

"I am now unemployed and suffering from TB and high blood pressure due to the stress".

**(F) Fired - Hazel Oliphant (45), eleven years as a community healthcare worker**

"Life is very tough; sometimes I wonder where I will get my next meal. R300 is not enough for a family of five".

**(F) Fired - Masechaba Leroala (47), nine years as a community healthcare worker**

"We were told to stop working on the 16th of June because the department had run out of money to pay us".

**(F) Fired - Sylvia Memani (51), thirteen years as a community healthcare worker**

"I became a community healthcare worker because most people in my community were dying and most of them were misinformed about HIV/AIDS."

**(F) Fired - Suzan Theys (41), HIV counselling and testing counsellor**

"I now live with the after effects of the night we were arrested, the cold from that night led to me experiencing a lot of pain in my womb. I feel cold inside and haven't been on my periods ever since".

**(F) Fired - Boitumelo Madikgetla (39), five years as a community healthcare worker**

"My passion for helping people drove me to volunteering to deliver treatment to patients"

**(F) Fired - Maria Pete (29), seven years as a community healthcare worker**

"Even though the stipend was not much, it paid for a lot of my necessities. I cannot afford to do anything now."

**(F) Fired - Lindiwe Poonyane (39), nine years as a community healthcare worker**

"Losing my job has put me in a very difficult situation. I have been trying to get a temporary job but I am struggling to find it."

**(F) Fired - Mmamoya Elizabeth Moreki (34), six years as a community healthcare worker**

"I am very struggling to provide for my children, I cannot afford to pay for their school fee as well."

**(F) Fired - Naomi Mokokolo (50), seven years as a community healthcare worker and coordinator**

"Giving health talks was part of my daily routine, so was visiting patients at home to bath and feed them".

**(F) Fired - Kedisaletse Majenge (50), seven years as a home based caregiver**

"I do not even know where the next meal will come from. My situation is so bad that I sometimes run out of bathing soap and even electricity."

**(F) Fired - Anna Pitso (43), seven years as a community healthcare worker**

"We would sometimes run out of gloves and use plastic bags to bath bedridden patients and that was an issue."

**(F) Fired - Lebuajwang Thobela (47), four years as a HIV counsellor**

"This has not only affected me financially, but emotionally as well. I also worry about my patients; they now have no one to help them."

**(F) Fired - Thobeka Nokha (35), two years as a support group facilitator**

"I had to move out of where I was staying because I couldn't afford rent anymore."



**(F) Fired - Bridgett Mkhuzangwe (49), three years as a community healthcare worker**

"Sometimes I would arrive at a pa-

tient's house and I find the patient dead. I wish we could go back to work because not only are we suffering but our patients too".

**(F) Fired - Godfrey Letsisa (28), four years as a supervisor for community healthcare workers**

"I am now dependent on peace jobs to support my family. Life hasn't been easy at all".

**(F) Fired - Spongile Ngangca (43), one year as a TAC member**

"The situation is really bad, patients are caught in the line of fire and they do not know what to do".

**(F) Fired - Palesa Letebele (33), seven years as a caregiver**

"Sometimes I would visit patients and see the loneliness and suffering in their eyes and that used to tear me apart."

**(F) Fired - Selina Dikeledi Hlabahlaba (31), four years as a HIV counselling and treatment counsellor**

"Many people went to hospitals and clinics to test for HIV and came back frustrated because many of the nurses lacked compassion - some ended up committing suicide."

**(F) Fired - Nontuthuzelo Mohale (34), seven years as a community healthcare worker**

"One of the challenges was that the field was not safe at all; we sometimes got robbed because they knew that we are not from the area."

**(F) Fired - Motshegwa Thepe (40), three years as a community healthcare worker**

"My child has stopped going to crèche because I have to save money to give to the older one for transport."

**(F) Fired - Maphuthane Ramakhanthana (35), four years as a lay counsellor**

"Sometimes my children go to school without food; sometimes I would give them R2 each to buy lunch and deep down I would know that it is not enough."

**(F) Fired - Elizabeth Sekoto (57), seven years as a community healthcare worker**

"Losing this job has caused me so much pain because I loved helping people and enjoyed seeing them recover, now there isn't much that puts a smile on my face".

## BOTSHABELO 9

**(F) Fired - Malefu Mtsala (32), six years as a community healthcare worker and tracer defaulter**

"My children's education is important to me and I am now no longer

able to afford their trips to school."

**(F) Fired - Mokhitli Mokhehle (32), one year and four months as a counsellor and tester**

"We often experience shortages of HIV testing kits, gloves, needles, and other equipment. Why were we fired? I do not know. I am now dependent on my parents who are also struggling."

**(F) Fired - Thebe Thebe (23), two years and eight months as a health and wellness worker**

"I miss my patients and helping people in general."

**(F) Fired - Keitumetse Mohokare (25), six years as an HIV tester**

"I was the breadwinner at home and now we live off my grandmother's grant. There are 10 of us."

**(F) Fired - Lebogang Nape (48), eleven years as a home caretaker**

"After being fired in June, myself and my three kids had to live off my husband's small salary. We survive."

**(F) Fired - Maria Mokorotlo (37), three years as a volunteer**

"After my friends were fired I saw how people's health had deteriorated. I now have no one to lean on."

**(F) Fired - Lizzi (40), four years as a support group facilitator**

"It seems as if there is no hope that we will work again."

**(F) Fired - Matlakala Makumane (33), member of TAC**

"I was arrested when I tried to get the community health care workers their jobs back."



**(F) Fired - Agnes Mkhohlane (41), member of TAC**

"Since the community healthcare workers stopped working, no one really comes to our support groups."

**HENNEMAN 5**

**(F) Fired - Dimakatso Belina Tsiane (64), fourteen years as a home based caregiver for people with cancer**

"Then we were told that we had to stop working. We were devastated for our patients."

**(F) Fired - Mantwa Medupe (43), thirteen years as a community healthcare worker**

"The Department terminated our contracts and the patients have been suffering ever since. I live with seven children—I don't have parents and my husband died long ago."

**(F) Fired - Matsediso Monaheng (43), thirteen years as an HIV counsellor**

"We often had to do things like clean the clinic and work with people with TB even though that wasn't technically part of our job."

**(F) Fired - Puleng Tshabangu (45), thirteen years as a counsellor at Phomolong clinic**

"Life has been difficult after losing my job. We are basically living off my mother's old age social grant. Patients still come to my home to ask for help."

**(F) Fired - Suping Tsootong (32), ten years as an HIV counsellor**

"I was an HIV counsellor for ten years and never got promoted. Promotion was a challenge for everyone."

**ODENDAALSUS 14**

**(F) Fired - Mpho Sebetwane (32), eight years as an office assistant and home based caregiver**

"We often lacked necessary protection resources like gloves and masks to handle sick patients and often did not get paid for months."

**(F) Fired - Dikeledi Matlalane (33), seven years as a community healthcare worker**

"Sadly, I still see problems around me and my patients still come to me for help."

**(F) Fired - Mmantsyadi Mkhwanazi (49), fourteen years as a caregiver**

"When I was caring for the weak and sicker patients, I would constantly remind them of how much they were loved and instil hope into them."



**(F) Fired - Mamohapi Lydia Mohlapuli (50), fourteen years as community healthcare worker**

"Stock outs and water shortages made working unpleasant."

**(F) Fired - Matseleng Seboholi (49), fifteen years as a community healthcare worker**

"Some of my patients still inform me when they need medication and telling them that I am unable to assist them is not an easy task for me to do."

**(F) Fired - Ouma Chabangu (59), nine years as a community healthcare worker**

"I was saddened by one of my patient's death - he died after we had stopped working and did not have anyone to deliver treatment to him."

**(F) Fired - Emily Monyane (41), eight years as a drug readiness counsellor**

"My situation is painful and I am always stressed."

**(F) Fired - Nomakhephu Maria Twane (56), fifteen years as a community healthcare worker**

"Most patients were poverty stricken which made the administering of medicine difficult because they had to eat before taking treatment."

**(F) Fired - Lerato Ntamane (35), four years as an HIV/AIDS counsellor**

"I would give my patients money from the little that I had."

**(F) Fired - Mamohlolo Matjeketjane (31), seven years as a caregiver**

"I cannot afford to pay for certain things now, like food, clothing and my child's crèche."

**(F) Fired - Malekgotla Dikeledi Dimeman (58), nineteen years as a community healthcare worker**

"Although we did not get paid enough money, it was better than nothing."

**(F) Fired - Sasari Kgothule (55), fourteen years as a community healthcare worker**

"Losing my job had negative effects on me; I have become a patient myself."

**(F) Fired - Semina Matsoso (44), thirteen years as a community healthcare worker**

"We sometimes worked for months without pay."

**(F) Fired - Mieta Ntsane (50), fifteen years as a community healthcare worker**

"I still go to work because I work but I haven't received payment since all the community healthcare workers were stopped from working."

**STEYNSRUS 5**

**(F) Fired - Martha Toloane (29), three years as a home based care worker**

"I am unable to do anything since I lost my job. I cannot afford to pay rent or even provide for my child."

**(F) Fired - Pulane Leburu (51), three years as a home based caregiver**

"There was a patient that I used to care for. One day I met her on the street. She stopped and thanked me, saying that she is well today because of me."

**(F) Fired - Seipati Tau (48), ten years as a community healthcare worker and counsellor**

"We received sporadic payments; sometimes we went for months without pay. I am now in a lot of debt."

**(F) Fired - Kgothatso (37), seven years as a counsellor**

"I had a good relationship with my patients. I continue to support them even now."

**(F) Fired - Joyce Chabana (41), three years as a counsellor**

"It was always a joy to see talkative patients, whose faces would light up whenever they saw me."

**THABA-NCHU 10**

**(F) Fired - Oupa Mohutsioa (56), nine years as a support**

**group facilitator**

"Some of the challenges we faced were stockouts of medicines, stigma and discrimination against gay people and the elderly."

**(F) Fired - Mirriam Motsumi, four years as a support group facilitator**

"Life has been hard after losing my job because I have two children. I also have grandchild to take care of."

**(F) Fired - Sellwane Shuping, three years as a TAC member and volunteer caregiver**

"I was arrested during a peaceful vigil in protest of the poor state of healthcare services in the Free State."

**(F) Fired - Rebecca Masiza, seven years as a home based caregiver**

"In some cases, I would have to bring food from home to give to my patients so they could take their treatment."

**(F) Fired - Stephen Seheri, nine months as a supporter and caregiver**

"Ever since we lost our jobs, life hasn't been the same. The spirit of the support group has been broken and we fear that people are not taking treatment properly."

**(F) Fired - Grace Matlhoko, eleven years working with disabled children at Bettie Gaitsiwi Clinic**

"I wasn't a community healthcare worker, but I came out to support those who landed in all of this trouble."



**(F) Fired - Disebo Yoyi, member of TAC**

"Because of the lack of community healthcare workers, patients are being neglected - they often stand in long queues for nothing."

**(F) Fired - Evelyn Dlamini (52), seven years as a care worker**

"We work five days a week; it was always painful to leave my patients on a Friday only to see them again on the Monday."

**(F) Fired - Alina Molotsi (50), five months as a caregiver and TAC member**

"I love my job but it also comes with a lot of challenges"

**(F) Fired - Mamahlape Elisa Mogotsi, chairperson of the TAC branch in Thaba-nchu**

# FREE STATE HEALTH WORKER RESULTS 2014

"Without community healthcare workers, a lot of sick people are left stranded with no one to care for them."

**(F) Fired - Lesley Kgathole, three years as support group facilitator**

"Life has been difficult without a job, my family is dependent on me."

## VIRGINIA 21

**(F) Fired - Suzan Moletsane (35), seven years as an HIV counsellor**

"I felt the need to counsel them (people living with HIV) because some were even committing suicide at the time."

**(F) Fired - Mtebaleng Molelekoa (36), fourteen years as a community healthcare worker**

"I struggled with feeding those who are sick and transporting bed-ridden patients to hospital."

**(F) Fired - Thakane Rammata (35), five years as a lay counsellor**

"It breaks my heart when patients stop taking their medicine"



**(F) Fired - Suzan Mpharoane (32), seven years as defaulter tracer**

"I also often find people who are sick and live alone and do not have food."

**(F) Fired - Mida Radebe (38), twelve years as a care worker**

"I became a care worker because I like helping people. I miss my work."

**(F) Fired - Mafani Bohlale (54), thirteen years as a community healthcare worker**

"We used to have a kit with all the necessary equipment, but lately we were running out of drugs, bandages and other important stuff."

**(F) Fired - Machebe Tsie (48), six years as a counsellor**

"We are only five at the clinic and we are unable to get to everyone."

**(F) Fired - Patricia Tsoaeli (37), six years as a counsellor**

"We often do more work than we are supposed to."

**(F) Fired - Enock Moware (31), five years as a healthcare worker**

"I struggled when the clinic ran out of medication and my patients started defaulting."

**(F) Fired - Motsamayi Joseph (38), one year and two months as maternity worker**

"I love helping people, even though the work has a lot of pressures and there is little staff and equipment."

**(F) Fired - Mapulane Luyarela (33), fourteen years as care worker**

"After I stopped working I am struggling to support my two children and am surviving off a grant."

**(F) Fired - Dicketseng Mdunga (49), seventeen years as a healthcare worker**

"I washed them, took them to the clinic with a wheelbarrow because at the time I did not have transport."

**(F) Fired - Lydia Oliphant (49), ten years as caregiver**

"I lost my husband last year and then found out I had to stop working. I am struggling to support my daughter and can often not give her food."

**(F) Fired - Palesa Maseko (41), eleven years as a counsellor**

"I am a widow and am drowning in debt and cannot afford my children's school fees. I really need my job back."

**(F) Fired - Gadibloae Lebotsa (41), twelve years as a home based care worker**

"After having stopped working I am very low. I am both a mother and a father so life is very tough."

**(F) Fired - Esther Nazo (40), fifteen years as caregiver**

"I have been very hurt by the instruction to stop working, because this is my calling. I fear that I will never work again."

**(F) Fired - Thabo Seli (31), three years as care worker**

"Transport is a problem, as we got very little remuneration which does not cover this. Since I stopped working my patients are suffering."

**(F) Fired - Paulina Tsweu (39), fourteen years as a peer health educator**

"A friend of mine died last week, because of AIDS. She was on ARVs for a while, but died because there was no one to fetch the medication for her."

**(F) Fired - Constance Mokoteli (39), five years as a health worker**

"Often I would arrive at a patient's home and find that they have no food. This was a problem, because I cannot give a patient medication on an empty stomach."

**(F) Fired - Malifaenale Meabi (60), thirteen years as a caregiver**

"Life has been complicated since I stopped working as I was diagnosed with diabetes soon after and am struggling to cope."

**(F) Fired - Nthabeleng Shuping (50), thirteen years as support group facilitator**

"I am unable to feed my family now and have to ask my sisters for food."

## WELKOM 16

**(F) Fired - Ntombizodwa Moss (42), sixteen years as a caregiver**

"I have not stopped working as my heart does not allow me to turn those who are seeking help away."

**(F) Fired - Maleshoane Mokhere (38), eight years as a care worker**

"Shortages at the clinic however are a problem. I would use my own money to buy the patients food."

**(F) Fired - Anna Ndabeni (43), eleven years as a caregiver**

"This job can be challenging: sometimes people die in your hands."

**(F) Fired - Miriam Majorobela (55), fifteen years as a community healthcare worker**

"Sometimes I had to send patients home because there is no medicine and a shortage of sheets, blankets and staff in general."

**(F) Fired - Mamokete Sello (42), twelve years as a counsellor**

"I am upset with the MEC for telling us to stop our work. He will be depriving many people living with HIV of vital medicine."

**(F) Fired - Pensher Matlotlo (39), three years as a caregiver**

"The enjoyment of my job has been plagued by a lack of resources and safety."

**(F) Fired - Glenda Moss (38), twelve years as a counsellor**

"I am finding it difficult to make ends meet."

**(F) Fired - Lucas Mahlange (46), four years as a counsellor**

"Since being fired, I am unable to help all the numerous people infected with STIs."

**(F) Fired - Pulane Joyce Sekonyela (46), three years as a community healthcare worker**

"Some of my patients stayed alone, I used to sympathize with them because some of these houses were not clean and had no food."

**(F) Fired - Masabata Oliphant (42), twelve years as a counsellor**

"I had a good relationship with my patients. At times I find myself missing them so much".

**(F) Fired - Thiwe Moss (33), ten years as a community healthcare worker**

"I used to educate patients at the clinic about healthy living and how to recognize symptoms of mental illness."

**(F) Fired - Mathebe Motswahole (41), eleven years as a counsellor**

"My patients come to my place to ask for counselling and it is hard for me to tell them that I cannot assist them anymore. So, I help them anyway".



**(F) Fired - Ntsidiseng Mokhanuhi (56), thirteen years as a community healthcare worker**

"I used to encourage people to test for HIV, for those who were HIV positive I would educate them about the virus."

**(F) Fired - Evodia Mkhwanaze (37), five years as a community healthcare worker**

"We often ran out of gloves and the student nurses would wash the gloves so that we could reuse them."

**(F) Fired - Alleta Mmusi (45), ten years as a community healthcare worker**

"My life is so miserable now, everything is on a stop and I have no income."

**(F) Fired - Leah Nthako (32), five years as a home based caregiver**

"My patients still call me most of the time to tell me about the problems they encounter at the clinics."



**Still Not Fired: Benny Malakoane**



# Incredibly Rare Ambulances Caged

Critically endangered flock of ambulances held captive in the Free State

Yesterday a flock of the Free State's most rare creatures was discovered in captivity.

A group of zoologists caught a glimpse of the critically endangered ambulances, one of the province's most threatened emergency medical services, before being chased away by captors. The cage, located in Welkom, housed around 20 ambulances.

Lead zoologist on the expedition, Captain Morake said, "the ambulances were being kept in extremely cramped enclosures and most weren't moving – we were chased away before we could assess how healthy they were."

Wild populations of ambulances

have decreased dramatically in recent years since the appointment of "hunting saviour" Benny Malakoane. It is estimated that fewer than 50 individual ambulances now exist in the wild in the Free State.

Conservationists and ambulance welfare groups say that the emergency services are extremely vulnerable to predators and the destruction of their natural habitat – known as the Free State Health System.

"Many other species have become extinct since the arrival of Malakoane in the Free State including smaller creatures like medicines and surgical gloves. Increasingly ambulances

are under threat too," say local nature group, People Against the Extinction of Ambulances.

They continued, "we're outraged that officials are ignoring conservation efforts. Instead of attempting to increase the wild population, they've begun breeding 'tame' ambulances through a corrupt 'tender' breeding process."

Because of their small numbers, little is known about the wild ambulances. What zoologists do know indicates that the creatures are attracted to accidents and emergencies, and that they subsist on a diet of provincial treasury funding and regular maintenance. •



Having a toaving a tough time? Need some honest and valuable advice?

# Just "Ask Gogo"

**Dear Gogo,**

Please help. I'm having the worst time at work - it seems everyone wants me to be fired.

It started a while ago when activists and health workers began "nit picking" at my work. If I make even the slightest mistake, for instance letting the department run out of money, or allowing most of the hospitals and clinics to run out of medicines, they just don't stop going on about it. Don't they realise I'm not here for the health system - it's only a step in the ladder for my political career? You know mos, it's the gravy train ride.

They even had the audacity to lay corruption charges against me for getting my friend a bed in an intensive care unit! He banna! Ok so it took someone else's bed, but I mean talk about double standards. They want me to save lives and when I make an effort to save my friend's life they get annoyed. I just can't win. Don't get me started on those "complaining pimp"

doctors. Haiybo, it's sabotage comrade. Gross exaggeration!!! I blame them for the problems in the health-care system anyway. We'd be best to get rid of them all. Useless bunch of counter revolutionaries.

I've tried to silence the criticism. I've tried different ways to scare and intimidate them. Nothing works. Eish, they just don't give up. Do you have any ideas for keeping them quiet? I even tried to silence the most vocal group by manipulating some youths into getting them de-registered. It didn't work. What a waste of time and money!!

It's not as if anyone has died. Well, no one important anyway. The only saving grace is that my boss sticks by me no matter what. It's the only thing that keeps me in the job these days.

Please help. I'm not sure how much more I can take.

Yours,  
**Don't Fire Me  
Bloemfontein**

*Gogo says...*

**Dear Don't Fire Me,**

Y'ho wena where do I start.

It seems you're coming at this wrong. Mina, I certainly do not approve of scaring people who criticise you into silence. Particularly as it seems you are failing drastically at your job. This all sounds like an oppressive regime, not a free democracy! What would uMama wakho say if she knew you were acting like this? Tut tut.

May I suggest focusing on trying to improve the situation they are shouting about? It may seem like a lot of work, and a tough job, but from my experience it's the only way to get them to stop. As the old saying goes "there's no smoke without fire" dear.

In this case though "everyone" may be right. Perhaps it's time you went out with the fire.

Yours,  
**Gogo**